

## FOUR SQUARE

This is the perfect game for you and a group of friends looking to get outside and have a fun-filled day. Four Square is kind of like Tennis, except you have no racquet. Your racquet is your two hands. You simply hit a ball to someone else so they can hit it back to you... but there are rules. Read below to find out how to play!

### What you'll need

- At least 4 friends
- Chalk
- Rubber Ball (soccer ball size)

### Getting started

1. Take your chalk and draw a 6-foot by 6-foot square.
2. Divide the 6-foot square into four equal sized squares. Number the squares 1 through 4.

**1=Beggar**— this is the lowest position you can be in.

**2=Joker**— You're getting closer, only two more spots from King.

**3=Queen**— You might be royalty, but you still aren't a King yet.

**4=King**— This is the ultimate position to be in. You get to start out each game with a serve.

### Court Lines

- Outside Lines are in-bounds. This means that the ball can land on or touch any part of the outside line and still be in play.
- Inside lines are out-of-bounds. If the ball lands on or touches any part of the inside line, the player who hit the ball last is out and must move to square 1 (Beggar) or go to the back of the line (if there are more than four players).



*continued...*

## Hitting the Ball

The standard way to hit the ball is underhanded. This means that all hits are with an open hand, palms up.

### Other variations could include:

- **Double Taps:** After the ball bounces once in your square, you would hit the ball two times in the air and pass to another square.
- **Body Language:** Players can use any part of their body to hit the ball.
- **Black Jack:** If a player catches the ball before it lands in their square, the player who hit the ball is out.

### Let's Play

- Each player will choose a square to stand in.
- The player in square four (King) will serve the ball by bouncing it in their square once and hitting it to any of the other three squares.
- The receiving player will then let the ball bounce once in his square and hit it to another square.

\*The ball can ONLY bounce one time. If it bounces twice in someone's square, that person is out and must move to square 1 (Beggar) or the back of the line. All other players will move up to the next square available. (1 will go to 2, 2 will go to 3, and 3 will go to 4)

***Object of the game: To be in the King's position.***

